

Mollie Nye House

Rentals &
Program Guide
2019

*The perfect place for meetings, parties,
presentations, and events.*



940 Lynn Valley Road
North Vancouver, B.C.
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604-987-5820

www.mollienye.com
info@mollienye.com

A gathering place in your community

About the LVSS

Lynn Valley Services Society has a long standing relationship and commitment to the residents of Lynn Valley. We are a not-for-profit charitable organization governed by a volunteer Board of Directors. Since 2003 our primary function is to operate, on behalf of the District of North Vancouver, the Mollie Nye House, a heritage building that serves as a community centre in Lynn Valley. Our mandate is to support, promote and develop education, social, health, community and recreational services and programs for all residents of Lynn Valley based on current and future needs.

Registered Programs

The **LVSS** runs a variety of programs for adults and seniors through Mollie Nye House. You can easily sign up for any of the classes listed below:

- 1) Call the North Van Rec commission
- 2) Drop by Mollie Nye House during regular hours

English as a Second Language

Build confidence in your English speaking and writing skills. All levels welcome.

Beginners Tuesdays/Thursdays 11:30 am-1:30 pm
Intermediate Tuesdays/Thursdays 9:00-11:00 am



Tai Chi

A program for those interested in this very mild form of martial arts. A portion of each class is dedicated to Qi Gong. Our instructor works with you to emphasize stretching, balance and relaxation.

Beginners Mondays/Wednesdays 10:00 -11:00 am
Intermediate Mondays/Wednesdays 10:30 - 11:30 am



Contact us at:

604-987-5820

or email Manager.lvss@outlook.com

We can provide information about room availability, rates and arrange to arrange facility tour.

Visit our sites at the following:

www.lvss.ca

www.facebook.com/lynnvalleyservicessociety

www.instagram.com/lynnvalleyservicessociety

www.twitter.com/LVSSatMNH

Anyone can rent the Mollie Nye House

We have several rooms in our lovely heritage house and a modern activity room in the basement.

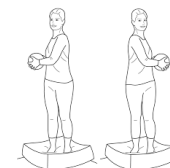
- Great for all types of meetings, seminars, fitness classes, family events, social occasions, birthdays, even small weddings
- Wireless internet and full AV facilities included
- Centrally located, near Hwy #1; with good transit routes nearby
- Lots of free parking
- A high level of personal service and attention to your specific needs

Rental Rates

	Capacity	Regular Rate	Community Rate
Small Room Library	8	\$24.50/hr	\$17.15/hr
Medium Room Dining Room	10-12	\$45.00/hr	\$31.50/hr
Large Room Activity Room	60 Banquet 45	\$56.00/hr	\$39.20/hr
Whole House (9 am—5 pm)		\$475.00/day	\$307.50/day
Whole Floor (9 am—5 pm)		\$375.00/day	\$237.50/day

Better Balance with Surefeet

Rebuild balance and strength, fine tune flexibility, lower your risk of falling and regain independence. Recommended by Doctors and Physiotherapists, this balance and mobility program emphasizes fall and injury prevention for seniors that are at a moderate to high risk for falls. **An assessment is required for new participants.**



PWR!4Life

This is an exercise program specifically designed for people living with Parkinson's. It teaches you what you can do to reach your full potential and get the most of life. **An assessment is required for new participants.**

Mondays/Wednesdays 4:00-5:00 pm

TTS - Tech Training for Seniors

Training by local high school students is available on Windows 10, iPad, Tablets or Smart phones. Bring your own technology or use ours. A drop in fee of \$5.00 applies. Please call 604.987.5820 to sign up (this class is not available through the NV Rec Commission).

Tuesdays 10:00 - 11:00 am
Wednesdays 3:30 - 4:30 pm



Drop-In Programs

The Lynn Valley Senior's Association runs a variety of Drop-In programs through the LVSS. All programs are run at Mollie Nye House at a cost of \$3.00 for members and \$5.00 for

Acoustic Jam: Wednesdays 1:30 - 3:30 pm

Arts and Crafts: Mondays 1:30 - 3:30 pm

Book Club: First Wednesday of each month 1:00 - 2:00 pm

Chair Stretch: Mondays 12 - 1 pm (Max. 18/class)

Darts and Table Games: Fridays 2 - 4 pm

Friendly Fridays: Fridays 9:30 - 11:30 am

Line Dancing: Tuesdays 11:00 am - 12:00 pm
(beginners at 10:30 am)

Mah Jong Mondays: Mondays 1:00 - 3:30 pm

Munch and Mingle: Wednesdays 12:00 - 1:00 pm

Music Group: Mondays 1:30 - 3:30 pm

Sewing Group: Thursdays 12:00 pm - 3:30 pm

Stamp Club: 2nd and 4th Wednesday of each month 1:30 - 3:30 pm



About the Mollie Nye House

The construction of the Nye Family home took place during the spring and summer of 1913, and was completed in anticipation of the arrival of Miss Mollie Nye. With the exception of the new basement, the house is much the same today as it was in 1913.

After Mollie's death in 1997, the property passed to the District of North Vancouver and was upgraded for community use.

The purpose of the Mollie Nye House is to create a welcoming, active place where Lynn Valley residents feel a sense of belonging and pride; to provide programs and services for the community; to preserve the house and garden in order to recognize its historic place in the community and the contributions of the Nye Family.

The house is operated by the Lynn Valley Services Society with staff and volunteers who are proud to continue the Nye family tradition of serving the community by offering a wide variety of programs, services and events for all ages throughout the week and on the week-ends

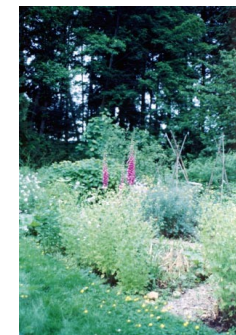
Stop by and visit us

Our reception desk is open **Monday to Friday 10 am to 4 pm** or staff can meet with you at your convenience.

Miss Mollie Nye



"Tulips" A Painting
by Mollie Nye



Mollie's Garden

*Continuing the Nye Family tradition of
Bringing People Together*

If you have an idea for new drop-in program, or just want more information, please call Mollie Nye House at 604.987.5820 or visit our web-site at LVSS.ca